

ACTON SENIOR CITIZEN NEWS

SENIOR CENTER: 978-264-9643

October 2003

The COA Office/Center is open weekdays 8 AM-5 PM.

The mailing address for the COA is: Town Hall, 472 Main St., Acton, MA 01720

The Acton Council on Aging Board will meet on Wednesday, October 8th, 4:30 at the Senior Center, 50 Audubon Drive, S. Acton. All are welcome.

FLU CLINIC

A Flu clinic will be held on **Saturday, November 1st** at the **Douglas School, Elm Street in West Acton, from 9-12:30**. The Acton Nursing Service anticipates having sufficient vaccine for citizens in HIGH-RISK groups.

All people over age 65, people under 65 who have chronic medical conditions such as heart and lung disease, asthma, diabetes or a compromised immune system, and pregnant women in their second or third trimester are all eligible to receive a flu shot at the town clinic. All others need to contact their primary physician.

Please call the Acton Nursing Service at (978) 264-9653 with questions.

The Council on Aging and the Acton Senior Center will be closed:

Columbus Day, Monday, October 13th

SHINE Program

2004 HMO & Medigap

Wednesday, October 22nd, 12:30

The SHINE Program at Minuteman Senior Services will present the 2004 HMO and Medigap rates and benefit changes at the Acton Council on Aging at 12:30 p.m. on Wednesday, October 22nd. Information will be presented about the new Medigap product that will be available in the fall and your questions about prescription drug coverage will be answered. Please call the COA office to register for this program as there will be materials provided.

Sunday, October 26th

***Time to change your clocks,
Put new batteries in your smoke
detectors and
Update your File of Life cards!***

Dates to Remember **Page**

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Trip full, information in Sept. newsletter	
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MINUTEMAN MEAL SITE

Minuteman Lunch is served Monday through Thursday at 11:45 a.m. Requested donation is \$2.00. To sign up for lunch, call **978-263-5053** by **11:00** the day before you wish to come. (Call the COA at 978-264-9651 for transportation.) **If you are unable to come for lunch, please call to cancel your meal.** The **October Birthday Lunch** will take place on **Wednesday, October 8th**. If your birthday is in the month of **October**, you are invited to a complimentary lunch. On **Thursday, October 30th** please join us for the **Autumn Special Lunch** and on **Thursday, October 16th** Lt. **Don Palma**, police force liaison to Acton seniors, will be joining us for lunch.

Men's Breakfast

Friday, October 10th, 9:00 a.m.

Russ Corkum of Elderhostel will speak about the organization and some of the trips he has escorted around Hawaii and North America.

Please call the COA office by Wednesday, October 8th for a reservation. \$2.00 donation.

Ladies Lunch!

Friday, October 10th at 11:30 a.m.

Please join us for our next luncheon gathering...a chance to enjoy each other's company and a light lunch! We will enjoy a fall bisque, dessert, coffee and tea along with your sandwich from home, if you would like! The soup recipe has been selected but soup makers are needed for Thursday afternoon, October 9th. Our guest speaker will be **Merrily Evdokimoff of the Acton Public Nursing Service** who will speak about "Home Health Care Today, what's in it for you". **Please call the COA office Wednesday, October 8th, to reserve a spot. Donation-\$1.50 please.**

Acton COA Staff

Jean Fleming, Director
Barbara Winders, Assistant to the Director
Carol Steiner, Outreach/Volunteer Coordinator
Debby Mozzicato, Program Coordinator
Ron Paskavitz, Van Driver
Steve Ryan, Substitute Van Driver

COA VAN SCHEDULE

The Acton COA van is available to all Acton seniors (age 60 and over) and disabled Acton residents. The van is available Monday through Friday. **Reservations should be made weekdays between 8:00-12:00 noon by calling (978) 264-9651.** Please have the name, telephone number and address of your destination available when you call. Because of the number of requests it is necessary to **CALL AT LEAST A DAY in advance**, sooner if possible. **No out of town pick up after 2:30 p.m. One-way in town is \$1.00; one-way out of town (Concord/Maynard) is \$1.50.**

Love to Drive?

The Acton Council on Aging is looking for another substitute van driver to drive the Council on Aging van when the regular driver is not available. This could involve a few days to a few weeks a year.

Drivers work 8 hours a day, picking up Acton residents to take to appointments in Acton, Maynard or Concord. Applicants should have an excellent driving record, be familiar with the roads in Acton and enjoy working with seniors. If you are interested, **please contact Jean Fleming, Council on Aging Director, at (978) 264-9643.**

Acton Public Nursing Program

"Communicable Disease Update"

Wednesday, October 29th at 12:45 p.m.

Join us to learn the latest about West Nile Virus, influenza and adult immunizations. This program is presented by the APHNS at no charge. Pre-registration is not necessary.

Friendly Visitors Meeting

(For people currently visiting or waiting to be matched)

Tuesday, October 14th 1-2:30

Visitors make weekly visits to relieve isolation and loneliness, and sometimes to escort to shopping and errands. Call Carol if you are interested in becoming a visitor or know someone who would benefit from this friendly program.

RSVP to Carol at (978) 264-9643.

EXERCISE PROGRAMS

*******Fall Aerobics Registration*******

The fall session of aerobics classes will run **through November 26th**. Due to the popularity of these classes, policy requires that students commit to regular attendance. Students must contact the COA office to register.

AEROBICS with Terri Zaborowski-

Senior Cardio-Flex:

**Tuesday & Thursday from 9:00-10:00 or
Wednesday & Friday from 9:00-10:00 –**

Warm-up and stretch, aerobics and muscle conditioning then cool down segment.

Beginner to Intermediate Stretch-Flex:

Tuesday & Thursday from 10:15-11:15

Same as above, but at a lower-impact level.

TUESDAYS: Yoga with Debbie Powers.

1:00-2:00 p.m.; October 21st through December 2nd. Join us for this 6-week, gentle and restorative program. **Perfect for beginners or experienced students.** Wear warm, comfortable clothing and bring a mat and blanket. **Pre-registration is required.**

“FOUNTAIN OF YOUTH” with Terri Zaborowski

Mondays from 8:45-9:45; classes run from October 20th through December 8th. Start with a gentle exercise program and then progress to easy weight training with Therabands. Exercise has been shown to help restore your “youthfulness” with the added benefits of friendship and sociability.

THURSDAYS: Line Dancing with Diane Starr: through **October 30th from 1:00 – 2:00 p.m.** Plan on wearing comfortable shoes with support (walking shoes and cowboy boots work!) and joining this group for some great fun! No experience necessary but you must call the COA office to reserve a spot!

FRIDAY: T’AI CHI with Lynne Potts:

Classes run from October 17th to November 21st.

Beginners 10:30; “Exercise the T’ai Chi Way” – T’ai Chi exercising will give you a work-out simply by shifting your weight from one foot to the other! This class will begin with a seated, gentle warm-up, followed by 40 minutes of intensive leg exercise and upper body stretching, all done very slowly.

Practicing these movements will require concentration, focus on your posture and balance, and a highly developed sense of humor! Wear loose comfortable clothing and shoes with little or no tread.

Intermediate/Advanced 11:30 a.m.; This class is for experienced T’ai Chi students as the forms and routines are based on prior experience. Please join this class if you have been a student at the Acton COA or elsewhere.

A Sample of “Jazzercise”

Friday, October 3rd, 10:30 a.m.

Join us to try a “jazzercise” exercise class during the 1st annual “Active Aging Week”. Denise Haynes will offer this 60-minute class which pairs aerobics with exercises that are designed to improve strength, balance and flexibility with easy-to-follow movements.

Class size is limited to 25 so you must call the COA office to pre-register.

ACTON HANDYMAN PROGRAM

Thank you to the Handymen and women for MANY small jobs well done!

Small household repairs, “fix-it” situations and creative/practical solutions are their specialty! You pay for materials, but the service is **FREE**. (Please, no requests for plumbing, electrical wiring, roof work, structural work or window washing.)

Storm window and air conditioner

changeover October 10-13: Our very helpful handypeople offer a weekend to change your window and door screens to storms (nothing on ladders please) and to take out your window air conditioners (and usually just put them on the floor near the window) so you can close those drafty windows for the winter. Please call to place your name on their list and the handy people will contact you with a time.

The Handyman program is seeking specialists and versatile handypeople for various small jobs. Please call Carol Steiner in the COA office for more information or to volunteer.

COA GROUPS AND CLASSES

MONDAY – Bridge Classes with Ger

Krabbendam Join us from **10:00 – 12:00** each Monday through November 24th for class and continuous play. Call to register.

Beginners welcomed. **No class October 13th.**

Choral Singing – Monday, October 6th and 20th, at 12:45. We sing for *FUN*, have a great pianist and song leader. Join us!

MONDAYS AND FRIDAYS – POKER: 1:00;

new players welcome! Note there will be no poker on Mondays in October.

MONDAY - Book Group: The Group will meet on **October 27th at 1:00 in the COA living room. Author Jane Langton will be with us to talk about her newest book, “The Deserter: Murder at Gettysburg”. Please join us, whether you have read the book or not. Copies of this Homer Kelly mystery may be available at the Acton Memorial Library. Consider bringing a friend! **Leader Marion Maxwell.****

TUESDAY – Watercolor with Sue

Nordhausen – Classes start **October 14th and run through December 9th, from 1:30 to 3:00 p.m.** Emphasis will be on composition, use and placement of lights and darks and color interaction. Some experience is helpful. Contact the COA office for a list of class supplies. Call to register; class limited to 15.

✂Acton Senior Quilters✂

WEDNESDAYS, 10:15 to Noon: Self-directed quilting group meets to work on various projects. Quilters of all levels are welcome.

Wednesdays - Watercolor Class with

Cynthia Durost – Through November 12th, from 9:00-10:30 a.m. Join us in learning basic watercolor techniques, composition and use of color, beginning with a special focus on fall landscapes and foliage. Materials list is available in the COA office.

Ping-Pong/Pool: every day after 12:30. We have fun and are always looking for new players! Please check COA calendar for schedule conflicts in the dining room.

Knit & Crochet: Join us at **12:30 on**

Wednesday, October 8th, as we welcome beginners and experts. You may work on your own project or choose to make a lap-gan to be donated to area nursing homes.

Genealogy Group

2nd and 4th Fridays, 1:30 – 3:00

Please join us on **Friday, October 10th and 24th** in the Senior Center Living Room as our instructor, Suzanne Richardson, certified genealogist and leader of the group will help us research and understand our ancestries.

“The Great Pumpkin Project”

Wednesday, October 8th at 1:00

We will decorate the top of **your own “real” pumpkin** with an assortment of fall decorations and a bow so that you may enjoy this tabletop piece at home. Come with a medium sized pumpkin, about 4-10 lbs. and you will leave with a nice piece to get you through the fall! **Call the COA office to sign up, limited space!**

ASK THE LAWYER

Attorney Leslie Madge, a certified Elder-Law Attorney, offers **20-minute** private legal **consultations** at no charge to Acton seniors. She will be in the Senior Center on **Monday, October 20th from 1:00-3:00 p.m.**

Call the COA to schedule a consultation.

Widows and Widowers

Friday, October 3rd 1:30- 3:30

Recent widows and widowers are welcome to attend our informal group. We focus on losing a partner of many years and how to cope with all of the changes.

Please call Carol Steiner at the COA if you have any questions about the group or would like to join us

Senior Cinema: 12:45 p.m.

Thursday, October 2nd: “Murphy’s Romance” – Sally Field and James Garner in a comic love story. 1986

Thursday, October 9th: “A League of Their Own” – Tribute to the first women’s baseball league. Geena Davis, Rosie O’Donnell. 1992

Thursday, October 16th: “The Philadelphia Story” – Katharine Hepburn and Cary Grant. Black and white. 1940

Thursday, October 23rd: “An American in Paris” – A Gene Kelly Classic. 1951

Thursday, October 30th: “Poltergeist” – Guaranteed to raise goose-bumps while entertaining. 1982

Alzheimer's Services
Alzheimer's Association Helpline:
 1-800-548-2111.

Monthly evening support group:

Wednesday, October 8th, 6:30-8:30 p.m. at the Acton Senior Center. **For more information, call Jean Fleming at (978) 264-9643.**

Early stage Patient and Partner Support

Group: First Tuesday of each month, 4:00 – 5:30 p.m. Cooperative Elder Services Adult Day Center, Acton. **Call Arlene Parillo at (781) 863-1166.**

Monthly morning support group: Concord Park Assisted Living Residence in West Concord. **Call Arlene Parillo (781) 863-1166.** Cooperative Elder Services, Inc., runs an **Adult Day Health and Alzheimer's Care Program** at their center on the Concord/Acton line. Please call **Pat Oliphant at (978) 897-2569.**

Minuteman Senior Services provides, free of charge, an **in-home consultation**. Please call **978-263-8720** for more information.

**Concert to Benefit
 Alzheimer's Association**

The second annual **"An Evening with Elliot Steger and Trio"** will take place on Saturday evening, October 4th at the National Heritage Museum, 33 Marrett Road (Rte. 2A), Lexington, MA. Dr. Steger, an internist at Acton Medical Associates, is a jazz pianist and composer. The concert will benefit the MA Chapter of the Alzheimer's Association.

The evening, which is sponsored by the Liberty Alzheimer's Partnership, begins at 7 p.m. with a dessert reception, followed by the concert at 8 p.m.

Tickets for the evening, which are \$20.00, may be purchased at the Minor Chord in Acton (978) 264-0299, by contacting Arlene Parillo, (781) 863-1166, Sally Lopez, (978) 287-3173 or Jean Fleming in the COA office.

"Senior Moment or Alzheimer's Disease?"

**First Parish Church, 20 Lexington Road,
 Concord**

7:00-8:00 p.m., Tuesday, September 30th

This program, in the "Caring Conversations" series sponsored by Minuteman Senior Services, will be open to the public. Joanne Chaulk, R.N., BSN, Alzheimer's specialist, will review the differences between age related forgetfulness, Alzheimer's Disease and related disorders. The causes of reversible memory loss and the warning signs for Alzheimer's Disease will be discussed. To register, please call (978) 369-9602.

Lots of COA Volunteer Opportunities:

<i>Office Support</i>	<i>Group Leaders</i>
<i>Friendly Visitors</i>	<i>Handymen</i>
<i>Men's Breakfast support</i>	<i>Knitters</i>
<i>Ladies Lunch Corps</i>	<i>Newsletter Mailers</i>
<i>Wheel-A-Meal Drivers</i>	<i>Quilters</i>
<i>Gardeners</i>	<i>Computer Teachers</i>
AND ALWAYS MORE!	

Wheel-A-Meal Drivers: Hot and cold meals are delivered to individual homes around Acton five days a week. You could be a regular or substitute driver. Route takes approx 1¼ hours between 11:15-12:30 weekdays. Mileage reimbursement available.

Handyman Program: Provide simple home repairs, (see description in this newsletter) to Acton seniors.

Volunteer drivers: Drive Acton seniors to out of town appointments not served by our van.

Office support: 2 hours one day a week to answer phones, do sign-ups, copying, etc.

Volunteer teachers and group leaders: Any specialty you can share like crafting, chess, computer teaching etc.

Friendly Visitors: One-to-one weekly home visiting.

NEW! Looking for a **video librarian** for our growing collection of loanable video tapes.

Call Carol Steiner at the Council on Aging with questions and/or to volunteer.

VOLUNTEER SPOTLIGHT

(Volunteer Spotlight is randomly drawn from over 175 volunteers)

Claire Perduyn, an Acton resident for 22 years, she retired from being the Concord Public Library children's librarian in 1985 and began volunteering for the COA in February of 2002 as a game-loving Friendly Visitor. Not long after that she became one of our ever-growing team of Office Volunteers. Claire's day at the COA is usually Fridays after Tai Chi but she was very generous with her time over the summer and often gave us an extra day. Her 4 attentive daughters, 7 grandchildren and one great granddaughter joyfully fill whatever free time she has.

Join us in saying, "**Thanks for all you do!!**"

"Are You O.K.?"

This computerized telephone service is being offered to **any** Acton resident who would benefit from a daily scheduled contact for a "well-being" check. In order to enroll in this **free** service, please call the **Council on Aging** at **978-264-9643** for more information.

Health Insurance Counseling SHINE

The SHINE Program, Serving the Health Insurance Needs of Elders, trains volunteers to **assist seniors with their health insurance and prescription drug concerns**. In this area, this invaluable program is administered by Minuteman Senior Services.

Please call the Acton Council on Aging office at (978) 264-9643 with your requests for this service and we will relay your information to the SHINE counselor for Acton, **Maryjane Costello**. **Maryjane will return your calls on Monday of each week**, unless it is critical that you speak with her sooner. Please call as soon as possible if you have any concerns about your health or pharmacy coverage, so that she can be of assistance to you in a timely fashion.

SENIOR CENTER CLINICS

Hearing: Thursday, October 9th, 1-3 p.m. at the Senior Center.

Fred Gerulskis conducts hearing tests, checks hearing aids and makes some repairs. Free.

Please call to register.

Podiatry Clinic: Fridays, October 3rd and November 7th; 8-10 a.m.

Sponsored by Acton Nursing Service. There is a charge of **\$20.00***. The purpose of the clinics is to provide podiatry services that are not covered by insurance. Dr. Teresa Burtoft, DPM, provides basic services such as evaluation and nail clipping. *This clinic is funded by the Friends of the Acton Nursing Service. Fee can be waived in case of financial hardship.

Call 978-264-9653 for an appointment for Podiatry and Cholesterol Clinics.

Cholesterol Screening: This clinic will be held in November. Please watch the October newsletter for further details

Blood Pressure: Tuesday, October 14th, between 9 and 11 a.m. The Acton Public Nursing Service sponsors free monthly blood pressure clinics at the Senior Center. No appointment is necessary.

Durable Equipment Loan Cellar

The Acton COA maintains a **cellar** of donated durable medical equipment, which can be loaned out to Acton seniors as needed. We appreciate all of your donations! Please call us if you have something you think we can use.

At this time we cannot take any more commodes. We have plenty to loan.

Please do not "drop off" donations without calling ahead.

All donated equipment must be clean and in very good condition. Please call the COA office at **(978) 264-9643** to **donate or borrow** equipment.

Thank you for your support of this valuable service.

COUNCIL ON AGING Trip Policies

1. Please call the COA office at 978-264-9643 to make trip reservations before sending in your check. Some trips fill up very quickly.
2. **Payment is requested two weeks prior to the trip.** If payment is not received in time, your name will be removed from the sign-up and a waitlisted person will be contacted. **We will return your check if you cannot go and if your place can be filled.**
3. **Checks** should be made out to: The **FRIENDS of the Acton COA.** You may deliver your check to the office or mail to: COA, Town Hall, 472 Main Street, Acton
4. **Please park** towards the **back** of the lower parking lot, away from the function hall **behind St. Elizabeth of Hungary Church, 89 Arlington Street.**
5. Please call Jean Fleming at 978-264-9643 for trip assistance from the FRIENDS.
6. **Always bring a copy of your FILE OF LIFE card with you on trips. If you do not have it you may be denied a seat on the trip.**
7. **When signing up for a trip it is expected that each traveler will participate in every aspect of a trip. If not, you may be denied.**

Please call the COA Office starting
Monday, September 29th for sign-ups.

The BIG DIG Tour Anthony's Pier 4 for Lunch Wednesday, October 29th

Have you always wanted to see "inside" the Central Artery Project? Put on your boots and come along; we'll enjoy an introductory briefing and slide show before walking up onto the southbound lane of The Leonard P. Zakim Bunker Hill Bridge and then head over to the Operations Control Center. **This is a very active walking and climbing stairs trip with a strict requirement to wear boots that are laced, leather, hard soled and rise over the ankle and long pants or trousers.** After the **2 ½ hour tour** we will enjoy a complete luncheon with your choice of Filet of Sole with Dill Sauce or Chicken Marco Polo at Anthony's Pier 4 in a private function room.
Payment due by October 15th.
COST: \$37.00
Depart: St. Elizabeth's at 8:30 a.m.

2003/2004 Boston Symphony Orchestra Open Rehearsal Season

The first of three open rehearsals will be held on **Thursday, October 9th**. Please call the COA to reserve your seat as we have pre-purchased 47 tickets for each of these performances. We arrive at Symphony Hall in time to hear the introductory lecture and then to enjoy the full rehearsal, returning to Acton about 2:00. You may bring a light snack or lunch to enjoy during the ride home.

October 9th: Bernard Haitink, conductor; Emanuel Ax, piano. The program includes Wagner, "Prelude to Parsifa" and "Prelude and Lovedeath from Tristan and Isoldel",

February 26th: Herbert Blomstedt, conductor and Peter Serkin on piano.

April 1st: Grant Llewellyn, conductor and the Tanglewood Festival Chorus.

COST: \$25.00

Depart: St. Elizabeth's Church Lower Back Parking Lot at 8:00 a.m.

Reagle Players' "Christmas Time" Sunday, December 7th Matinee

Our holiday trip this year will be a little different than usual! On Sunday, yes Sunday (!), December 7th we will enjoy an **all inclusive brunch at the Holiday Inn in Boxborough at 11:00 a.m.** and then travel to Waltham to enjoy a wonderful **Christmas performance by the highly acclaimed Reagle Players.** You may choose to park and join us at The Holiday Inn where we will enjoy a full brunch including several hot breakfast and lunch entrees, fresh muffins and bread, fruit, pasta, hot and cold cereals and an assortment of drinks. We will then board a luxury coach and make a stop to pick up travelers in Acton and go on to Waltham for this 2:00 matinee. Reservations and full payment are due by October 31st.

**COST: \$59.00 with brunch at Holiday Inn
\$40.00 bus and performance only**

**Depart: Boxborough Holiday Inn 12:30 p.m.
St. Elizabeth's back lot 12:45 p.m.**

The Acton Planning Board will hold a forum "To Live in Acton" on Tuesday, Oct. 7th and Wednesday, Oct. 8th at 7:30 p.m. in Room 204 of Town Hall. The focus of this will be on housing needs in Acton. Analysis of Acton's existing housing, growth trends and development potential will be presented. Acton residents are invited to comment on current and future housing needs.

Did you know that Acton has a Commission on Disability? The Commission's purpose is "to make Acton a better place to live by advocating for the rights and needs of our citizens with disabilities". In so doing, Commission members draw upon their personal and professional experiences and the large network of resources from around the state. **If have questions or concerns please call the Commission at (978) 264-9615.**

COA Trip Certificates

Just in time for the holiday season, a gift suggestion for your family and friends – a COA Trip Certificate, to be purchased from the Friends of the Acton Council on Aging! The certificate, available in various denominations, can be used on future trips of your choice. Please call the COA office at 978-264-9643 for details. These certificates are available for purchase in the COA office during the entire year.

The **Veteran Homestead Medical Van** is at Acton Town Hall on **the fourth Wednesday of each month, from 10 to 3** for health screenings and to address other health concerns. **Call program manager Tom Peck 978-264-0698.**

Your Legislators

U.S. Senate:

Edward "Ted" Kennedy

Phone: (202) 224-4543

(617) 565-3170 (Boston)

E-mail: senator@kennedy.senate.gov

John Kerry

Phone: (202) 224-2742

(617) 565-8519 (Boston)

E-mail: john_kerry@senate.gov

U.S. House of Representatives:

(5th District of Massachusetts)

Marty Meehan

Phone: (202) 225-3411

(978) 459-0101 (Lowell)

E-mail: martin.meehan@mail.house.gov

Massachusetts State Senate:

Pamela Resor

Phone: (617) 722-1120

E-mail: Presor@senate.state.ma.us

Massachusetts House of Representatives:

14th Middlesex District

(Acton precincts 1, 2 & 6)

Cory Atkins

Phone: (617) 722-2080

E-mail: Rep.CoryAtkins@hou.state.ma.us

37th Middlesex District

(Acton precincts 3, 4 and 5)

James B. Eldridge

Phone: (617) 722-2060

Rep.JamesEldridge@hou.state.ma.us

SAVE THE DATE!

Sunday, April 4, 2004

This coming April will mark the **10th**

anniversary of the opening of the Smith-Cloonan Senior Center; Acton's home for the Council on Aging offices, the Minuteman meal site, and most of the classes and programs organized by the Council on Aging. To celebrate this building that has served Acton seniors so well, the Council on Aging Board and Staff, along with the Friends of the Council on Aging, will host an Open House celebration next April 4th. Please mark the date as soon as you get your 2004 calendar so you can join us that day. More details to come in 2004!!

The Salvation Army is Recruiting Bell Ringers

The Salvation Army is recruiting volunteers and some paid bell ringers for the 2003 Annual Holiday Fund Drive. If you have time and are willing to volunteer to ring for one hour a week or more please call Dr. Mary Donald at (978) 263-7855. If you are interested in being a paid ringer call Paul Newsham at (978) 897-9166. The success of The Salvation Army Kettle Drive depends totally on the hundreds of volunteers.

Theatre III Presents "The Pajama Game"

You are cordially invited to a dress rehearsal of "The Pajama Game" at 1:00 p.m. on Sunday, November 2nd at Theatre III. The theatre is located on Central Street in Acton. Admission is free but seating is limited.

ACTON COUNCIL ON AGING
Town Hall, 472 Main Street
Acton MA 01720
Return Service Requested

Special Town Meeting Monday, October 20, 2003

There will be a **special voter registration held on Friday, October 10th, 2003** for residents who have not registered to vote. This registration will run from 8:00 a.m. to 8:00 p.m. and will be held at the Town Clerk's Office, Town Hall, 472 Main Street, Acton. You must be registered to vote by October 10th to be eligible to vote at the **Special Town Meeting to be held at the RJ Grey Junior High School Auditorium on Monday, October 20th at 7:00 p.m.** The purpose of this Special Town Meeting is to "Amend the zoning map in East Acton Village".

Acton Senior Quilters Raffle to Benefit Friends of the COA "Auntie's Garden" Pattern

A gorgeous, hand appliquéd double/queen size quilt will be raffled off on December 17th during the Holiday Luncheon at the Senior Center. Tickets are going fast and the proceeds will benefit The Friends of the Acton Council on Aging. Contact the COA office for raffle tickets and further information.

PRSRT STD
U.S. Postage Paid
Acton, MA
Permit #67